

Bone, joint or muscle pain?

See the physiotherapist here!



The First Contact Physiotherapist will...

- Assess you and diagnose what's happening
- Give expert advice on how best to manage your condition
- Recommend exercises and other approaches to deal with the issue
 - Refer you on to specialist services if necessary.



A national evaluation on this service showed...

- Faster access to specialist expertise
- Fewer onward referrals to see a hospital consultant
- On average, 95 % of patients do not require a GP follow-up.



The First Contact Physiotherapist works for you!